

# Okinawa Karate Worldwide Seminar Schedule

## Time Schedule

8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 17:00 18:00 19:00 20:00 21:00

8/1 (TUE) Shorin-Ryu	Registration 8:00~ 9:00	Opening Ceremony 9:00~ 9:30	Lectures 10:00~ 11:00	Seminar① 11:00~13:00	Lunch Break 13:00~ 14:00	Seminar② 14:00~16:00													
8/2 (WED) Uechi-Ryu		Registration 9:00~ 10:00	Seminar③ 10:00~12:00	Lunch Break 12:00~ 13:00	Seminar④ 13:00~15:00														
8/3 (THU)			Self Training Day 10:00~15:00																
8/4 (FRI) Goju-Ryu		Registration 9:00~ 10:00	Seminar⑤ 10:00~12:00	Lunch Break 12:00~ 13:00	Seminar⑥ 13:00~15:00	Rehearsal for a Demonstration & Closing Ceremony 15:00~17:00													
8/5 (SAT) Kobudo		Registration 9:00~ 10:00	Seminar⑦ 10:00~12:00	Lunch Break 12:00~ 13:00	Seminar⑧ 13:00~15:00	Self Training or Visit the Karate Archive	Demonstration 16:00~	Closing Ceremony 17:00~											
8/6 (SUN)			Bus Tour 10:00~16:00																
																			Farewell Party 18:30~21:00

# Contents

8 / 1 (TUE)

Lectures

Lectures / 10:00 ~ 11:00

A		B		C	
Shorin-Ryu "Kobayashi"		Uechi-Ryu		Goju-ryu	
Room :		Room :		Room :	
Lecturer	Kiyoshi Tsuha	Lecturer	Kiyohide Shinjo	Lecturer	Morio Higaonna
Interpreter	Tsukasa Higa	Interpreter	Seisho Tanahara	Interpreter	Miwa Kanazawa
Contents	①The history of "Shuri-Te"	Contents	①History ②A feature of Uechi-Ryu ③A definition of Traditional Karate	Contents	①The history of the Goju-ryu ②The history of Kata
Style : Okinawa Shorin-Ryu Karate-Do Association Dojo : Iso Bugeikan Class : Hanshi 9 Dan		Style : Uechi-Ryu Karate-Do Kenyukai Dojo : Uechi-Ryu Karate-Do Kenyukai Class : Hanshi 9 Dan		Style : Okinawa Goju-Ryu Dojo : International Okinawa Goju-Ryu Karate-Do Federation	






D		E	
Shorin-Ryu "Sukunai-Hayashi"		Kobudo	
Room :		Room :	
Lecturer	Kunio Uehara	Lecturer	Masahiro Nakamoto
Interpreter	Kunio Uehara	Interpreter	Miguel Da Luz
Contents	①Unknown episode of Chotoku Kyan ②Trace the name of Chanmii	Contents	①The outline of Kobudo ② ③
Style : Chan Shorin-Ryu Dojo : Chan Shorin-Ryu Akemichi Karate Dojo Class : Kyoshi 8 Dan		Style : Shurite-Ryu Dojo : Bunbukan Class : Hanshi 10 Dan	

# Contents

8 / 1 (TUE)

Shorin-Ryu

Seminar① / 11:00 ~ 13:00






Court A		Court B		Court C	
<i>Instructors</i>	Zenpo Shimabukuro Tsuyoshi Uechi	<i>Instructors</i>	Takeshi Miyagi Morinobu Maeshiro	<i>Instructors</i>	Minoru Higa
<i>Contents</i>	①Hojo Undo (Supplementary Training) ②Fukyugata I ③Seisan Kata	<i>Contents</i>	①Fukyugata I ②Naihanchi Kata & Bunkai (Application) ③Pinnan	<i>Contents</i>	①Kihon Dosa (Basic Training) ②Control a Body position ③Kata
					
<b>Zenpo Shimabukuro</b> Style: International Okinawa Shorin-Ryu Seibukan Karate-Do Association Dojo: International Okinawa Shorin-Ryu Seibukan Karate-Do Association Sohonbu Class: Hanshi 10 Dan		<b>Takeshi Miyagi</b> Style: Okinawa Shorin-Ryu Karate-Do Association Dojo: Miyagi Karate Dojo Class: Hanshi 10 Dan		<b>Minoru Higa</b> Style: Shorin-Ryu Dojo: Okinawa Shorin-Ryu Karate-Do Kyudokan Class: Hanshi 10 Dan	
					
<b>Tsuyoshi Uechi</b> Style: Isshin-Ryu Dojo: Isshin-Ryu Okinawa Traditional Karate-Do Association Class: Kyoshi 8 Dan		<b>Morinobu Maeshiro</b> Style: Shorin-Ryu Dojo: Shidokan Musei Juku Class: Hanshi 9 Dan			

# Contents

8 / 1 (TUE)

Shorin-Ryu

Seminar② / 14:00 ~ 16:00





Court A		Court B		Court C	
<i>Instructors</i>	Masanobu Sakugawa Choko Kyuna	<i>Instructors</i>	Takeshi Miyagi Morinobu Maeshiro	<i>Instructors</i>	Yoshitaka Taira
<i>Contents</i>	①Hojo Undo (Supplementary Training) ②Fukyugata I ③Seisan Kata	<i>Contents</i>	①Fukyugata I ②Naihanchi Kata & Bunkai (Application) ③Pinnan	<i>Contents</i>	①Hojo Undo & Basic Training ②Fukyugata I ③Ananku Kata ④Yakusoku Kumite
	<b>Masanobu Sakugawa</b> Style: Shorinji-Ryu Dojo: Shorinji-Ryu Senshinkan Sakugawa Dojo Class: Hanshi 9 dan		<b>Takeshi Miyagi</b> Style: Okinawa Shorin-Ryu Karate-Do Association Dojo: Miyagi Karate Dojo Class: Hanshi 10 Dan		<b>Yoshitaka Taira</b> Style: World Matsubayashi-Ryu (Shorin-Ryu) Dojo: Kodokan Taira Dojo Sohonbu Class: Hanshi 10 Dan
	<b>Choko Kyuna</b> Style: Okinawa Shorin-Ryu Dojo: Shorin-Ryu Rissshikan Class: Hanshi 10 Dan		<b>Morinobu Maeshiro</b> Style: Shorin-Ryu Dojo: Shidokan Musei Juku Class: Hanshi 9 Dan		

# Contents

8 / 2 (WED)

Uechi-Ryu

Seminer③ / 10:00 ~ 12:00





Court A		Court B		Court C	
<i>Instructors</i>	Tsutomu Nakahodo	<i>Instructors</i>	Kiyohide Shinjo	<i>Instructors</i>	Haruyoshi Shimabukuro Kanji Uechi
<i>Contents</i>	①Hojo Undo (Supplementary Training) ②Sanchin ③Sanseiru & Application	<i>Contents</i>	①Hojo Undo (Supplementary Training) ②Sanchin ③Seisan & Application	<i>Contents</i>	①Hojo Undo (Supplementary Training) ②Sanchin ③Parts training & Application
 <p><b>Tsutomu Nakahodo</b> Style: Okinawa Karate-Do Association (OKIKUKAI) Dojo: Okinawa Karate-Do Association Naha Dojo Class: Hanshi 10 Dan</p>		 <p><b>Kiyohide Shinjo</b> Style: Uechi-Ryu Karate-Do Kenyukai Dojo: Uechi-Ryu Karate-Do Kenyukai Class: Hanshi 9 Dan</p>		 <p><b>Haruyoshi Simabukuro</b> Style: Uechi-Ryu Karate-Do Dojo: Uechi-Ryu Karate-Do Naha Ninami SHubukan Class: Kyoshi 8 Dan</p>	
				 <p><b>Kanji Uechi</b> Style: Uechi-Ryu Karate-Do Association Dojo: Uechi-Ryu Soke Shubukan Class: Kyoshi 7 Dan</p>	

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8 / 2

Uechi-Ryu

Seminar④ / 13:00~15:00




Court A		Court B		Court C	
<i>Instructors</i>	Shinmatsu Okuhama	<i>Instructors</i>	Narihiro Shinjo	<i>Instructors</i>	Haruyoshi Shimabukuro Kanji Uechi
<i>Contents</i>	①Sanchin & Kitae ②Sanseiru ③Kotekitae & Taikitae	<i>Contents</i>	①Yakusoku Kumite ②Jiyu Kumite	<i>Contents</i>	①Kanshiwa ②Parts Application ③Yakusoku Kumite
 <p><b>Shinmatsu Okuhama</b> Style: Okinawa Karate-Do Association (OKIKUKAI) Dojo: Gushikawa Karate Club Class: Hanshi 9 Dan</p>		 <p><b>Narihiro Shinjo</b> Style: Uechi-Ryu Karate-Do Kenyukai Dojo: Uechi-Ryu Karate-Do Kenyukai Class: Kyoshi 8 Dan</p>		 <p><b>Haruyoshi Simabukuro</b> Style: Uechi-Ryu Karate-Do Dojo: Uechi-Ryu Karate-Do Naha Ninami SHubukan Class: Kyoshi 8 Dan</p>  <p><b>Kanji Uechi</b> Style: Uechi-Ryu Karate-Do Association Dojo: Uechi-Ryu Soke Shubukan Class: Kyoshi 7 Dan</p>	

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8 / 4 (FRI)

Goju-Ryu

Seminar⑤ / 10:00 ~ 12:00




Court A		Court B		Court C	
Instructor	Morio Higaonna	Instructor	Masaaki Ikemiyagi	Instructor	Meitatsu Yagi
Contents	①Sanchin ②Kakie	Contents	①Hojo Undo (Supplementary Training) ②Sanchin ③Kata (Fukyugata II)	Contents	①Kotekitae ②Kakie ③Sanchin ④Fukyugata II
 <b>Morio Higaonna</b> Style: Okinawa Goju-Ryu Dojo: International Okinawa Goju-Ryu Karate-Do Federation		 <b>Masaaki Ikemiyagi</b> Style: Goju-Ryu Dojo: Okinawa Meibukan Class: Hanshi 9 Dan		 <b>Meitatsu Yagi</b> Style: Goju-Ryu Dojo: Yagi Dojo Class: Hanshi 10 Dan	

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8 / 4 (FRI)

Goju-Ryu

Seminar⑥ / 13:00 ~ 15:00




Court A		Court B		Court C	
<i>Instructor</i>	Masanari Kikugawa	<i>Instructor</i>	Yoshio Kuba	<i>Instructor</i>	Sadayuki Taira
<i>Contents</i>	①Sanchin ②Kururunfa ③Fukyugata II	<i>Contents</i>	①Hojo Undo (Supplementary Training) ②Fukyugata II ③Kata Seienchin	<i>Contents</i>	①Hojo Undo (Supplementary Training) ②Sanchin ③Saifa
					
<b>Masanari Kikugawa</b>		<b>Yoshio Kuba</b>		<b>Sadayuki Taira</b>	
Style: Okinawa Goju-Ryu Karate-Do Association Dojo: Kikugawa Dojo Class: Hanshi 9 Dan		Style: Goju-Ryu Okinawa Karate-Do Kenpukai Dojo: Kenbukan Honbu Cladd: Hanshi 10 Dan		Style: Goju-Ryu Dojo: Okinawa Karate-Do Goju-Kai Meibukan Taira Dojo Class: Kyoshi 8 Dan	



# Contents

8 / 5 (SAT)

Seminar ⑦ / 10:00 ~ 12:00




Court A		Court B		Court C	
Instructor	Hiroshi Akamine	Instructor	Seisho Itokazu	Instructor	Seiki Takushi
Contents	①Bo (Basic) ②Bo (Kata) ③Sai (Basic) ④Kumite Bo vs Sai	Contents	①Bo ②Sai	Contents	①Bo
 <p><b>Hiroshi Akamine</b> Style: Ryukyu Kobudo Shinbukan Dojo: Honbu Dojo Class: Hanshi 9 Dan</p>		 <p><b>Seisho Itokazu</b> Style: Matayoshi Kobudo Shinbukai Dojo: Seibukan Class: Hanshi 9 Dan</p>		 <p><b>Seiki Takushi</b> Style: Goju-Ryu Dojo: Goju-Ryu Shobukan Sohonbu Class: Hanshi 10 Dan</p>	

# Contents

8 / 5 (SAT)

Kobudo

Seminar⑧ / 13:00 ~ 15:00

Court A		Court B		Court C	
Instructor	Kotaro Iha	Instructor	Masahiro Nakamoto	Instructor	Hitoshi Oyakawa
Contents	①Bo Basic ②Bo Kata ③Sai Kitae	Contents	①Tonfa ②Nunchaku	Contents	①Bo ②Sai
					
<b>Kotaro Iha</b> Style: Ryukyu Kobudo Ryukonkonkai Dojo: Shudokan Sohonbu Class: Hanshi 10 Dan		<b>Masahiro Nakamoto</b> Style: Shurite-Ryu Dojo: Bunbukan Class: Hanshi 10 Dan		<b>Hitoshi Oyakawa</b> Style: Okinawa Karate-Do Shorinji-Ryu Shinkokai Dojo: Nishihara Dojo Class: Hanshi 9 Dan	

# Okinawa Karate Training Schedule

## Time Schedule



8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 16:00 17:00 18:00 19:00 20:00 21:00

	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	
8/8 (TUE)			Registration 10:00~ 11:00	Opening Ceremony 11:00~ 11:30	Lunch 12:00~ 13:00	Training 13:00~16:00 ① ② ③ ④ ⑤									
8/9 (WED)						Training at Instructor's Dojo ① ② ③ ④ ⑤									
8/10 (THU)					Registration & Lunch 11:30~ 13:00	Training 13:00~16:00 ① ② ③ ④ ⑤									
8/11 (FRI)					Registration & Lunch 11:30~ 13:00	Training 13:00~16:00 ① ② ③ ④ ⑤									
8/12 (SAT)					Registration & Lunch 11:30~ 13:00	Training 13:00~16:00 ① ② ③ ④ ⑤					Rehearsal for a Demonstration & Closing Ceremony 16:00~ 17:30				
8/13 (SUN)					Registration & Lunch 11:30~ 13:00	Training 13:00~16:00 ① ② ③ ④ ⑤					Preparation for the Ceremony 16:00~	Demonstration Closing Ceremony 17:00~	Farewell Party 18:00~20:00		

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<b>First Half</b>	<b>8/8 (TUE) ~ 8/10 (THU)</b>	<b>Matsubayashi-Ryu Shorin-Ryu (Kobayashi)</b>
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## Okinawa Karate Training①

Court A				
Instructors	 <p style="text-align: center;"><b>Yoshitaka Taira</b></p> <p style="text-align: center;">Style: World Matsubayashi-Ryu (Shorin-Ryu) Dojo: Kodokan Taira Dojo Sohonbu Class: Hanshi 10 Dan</p>		 <p style="text-align: center;"><b>Naonobu Ahagon</b></p> <p style="text-align: center;">Style: Okinawakarate • Kobudo Shorin-Ryu Reihokan Association Dojo: Okinawakarate • Kobudo Shorin-Ryu Reihokan Association Sohonbu Class: Hanshi 10 Dan</p>	
Contents	8/8 (TUE)	8/9 (WED)	8/10 (THU)	
	<p>Yoshitaka Taira</p> <p>①Hojo Undo (Supplementary Training) &amp; Basic Training</p> <p>②Fukyugata I Ananku Wankan</p> <p>③Kata Application Yakusoku Kumite</p>	<p style="text-align: center;">Training at Ahagon sensei' s Dojo</p> <p>①Hojo Undo (Supplementary Training) Basic Kata &amp; Application</p> <p>②Naihanchi Shodan</p> <p>③Pinnan Shodan &amp; Application</p>	<p>Yoshitaka Taira</p> <p>①Hojo Undo (Supplementary Training) &amp; Basic Training</p> <p>②Fukyugata I Ananku Wankan</p> <p>③Kata Application Yakusoku Kumite</p>	

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Second Half	8/11 (FRI) ~ 8/13 (SUN)	Matsubayashi-Ryu Shorin-Ryu (Kobayashi)
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## Okinawa Karate Training①

Court A				
Instructors	 <p>Yoshitaka Taira</p> <p>Style: World Matsubayashi-Ryu (Shorin-Ryu) Dojo: Kodokan Taira Dojo Sohonbu Class: Hanshi 10 Dan</p>		 <p>Naonobu Ahagon</p> <p>Style: Okinawakarate • Kobudo Shorin-Ryu Reihokan Association Dojo: Okinawakarate • Kobudo Shorin-Ryu Reihokan Association Sohonbu Class: Hanshi 10 Dan</p>	
Contents	8/11 (FRI)	8/12 (SAT)	8/13 (SUN)	
	<p>Yoshitaka Taira</p> <p>① Hojo Undo (Supplementary Training) &amp; Basic Training</p> <p>② Fukyugata I Ananku Wankan</p> <p>③ Kata Application Yakusoku Kumite</p>	<p>Naonobu Ahagon</p> <p>① Hojo Undo (Supplementary Training) Basic Kata &amp; Application</p> <p>② Naihanchi Shodan</p> <p>③ Pinnan Shodan &amp; Application</p>	<p>Naonobu Ahagon</p> <p>① Hojo Undo (Supplementary Training) Basic Kata &amp; Application</p> <p>② Naihanchi Shodan</p> <p>③ Pinnan Shodan &amp; Application</p>	

# Contents

<b>First Half</b>	<b>8/8(TUE)~8/10(THU)</b>	<b>Shorin-Ryu</b>
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## Okinawa Karate Training②

Court B			
Instructors	 Zempo Shimabukuro Style: International Okinawa Shorin-Ryu Seibukan Karate-Do Association Dojo: International Okinawa Shorin-Ryu Seibukan Karate-Do Association Sohonbu Class: Hanshi 10 Dan	 Tsuyoshi Uechi Style: Isshin-Ryu Dojo: Isshin-Ryu Okinawa Traditional Karate-Do Association Class: Kyoshi 8 Dan	
Contents	<b>8/8(TUE)</b>	<b>8/9(WED)</b>	<b>8/10(THU)</b>
	①Basic Steps ②Wansu Seisan ③Yakusoku Kumite	Training at Shimabukuro Sensei's Dojo ①Basic Steps ②Wansu Seisan ③Yakusoku Kumite	①Basic Steps ②Wansu Seisan ③Yakusoku Kumite

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Second Half	8/11 (FRI) ~ 8/13 (SUN)	Shorin-Ryu
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## Okinawa Karate Training②

Court B			
Instructors	 Zenzo Shimabukuro Style: International Okinawa Shorin-Ryu Seibukan Karate-Do Association Dojo: International Okinawa Shorin-Ryu Seibukan Karate-Do Association Sohonbu Class: Hanshi 10 Dan	 Tsuyoshi Uechi Style: Isshin-Ryu Dojo: Isshin-Ryu Okinawa Traditional Karate-Do Association Class: Kyoshi 8 Dan	
Contents	8/11 (FRI)	8/12 (SAT)	8/13 (SUN)
	① Fukyugata I, II ② Seisan Wansu ③ Yakusoku Kumite ④ Q&A	① Fukyugata I, II ② Seisan Wansu ③ Yakusoku Kumite ④ Q&A	① Fukyugata I, II ② Seisan Wansu ③ Yakusoku Kumite ④ Q&A

# Contents

<b>First Half</b>	<b>8/8(TUE)~8/10(THU)</b>	<b>Uechi-Ryu</b>
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## Okinawa Karate Training③

Court C			
Instructor	 <p>Kiyohide Shinjo</p> <p>Style : Uechi-Ryu Karate-Do Kenyukai Dojo : Uechi-Ryu Karate-Do Kenyukai Class : Hanshi 9 Dan</p>		
Contents	8/8(TUE)	8/9(WED)	8/10(THU)
	<p>①Hojo Undo (Supplementary Training)</p> <p>②Sanchin</p> <p>③Training with equipments</p>	<p>Training at Shinjo sensei's Dojo</p> <p>①Hojo Undo (Supplementary Training)</p> <p>②Seisan</p> <p>③Seisan Application</p>	<p>①Hojo Undo (Supplementary Training)</p> <p>②Yakusoku Kumite</p> <p>③Jiyu Kumite</p>



# Contents

Second  
Half

8/11 (FRI) ~ 8/13 (SUN)

Uechi-Ryu

## Okinawa Karate Training③

Court C

Instructor



Tsutomu Nakahodo

Style: Okinawa Karate-Do Association  
(OKIKUKAI)  
Dojo: Okinawa Karate-Do Association Naha Dojo  
Class: Hanshi 10 Dan

Contents

8/11 (FRI)

8/12 (SAT)

8/13 (SUN)

① Sanchin

② Sanseiru

③ Kotekitae & Taikitae

① Sanchin

② Sanseiru Application

③ Kotekitae & Taikitae

① Sanchin


② Sanseiru  
Parts training & Application

③ Kotekitae & Taikitae

# Contents

<b>First Half</b>	<b>8/8 (TUE) ~ 8/10 (THU)</b>	<b>Goju-Ryu</b>
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## Okinawa Karate Training④

Court D			
Instructor	<div style="text-align: center;"><p><b>Masaaki Ikemiyagi</b></p><p>Style: Goju-Ryu Dojo: Okinawa Meibukan Class: Hanshi 9 Dan</p></div>		
Contents	8/8 (TUE)	8/9 (WED)	8/10 (THU)
	<p>①Yobi Undo (preliminary warmup exercises)</p> <p>②Hojo Undo (Supplementary Training)</p> <p>③Sanchin</p> <p>④Kata Application</p>	<p>Training at Ikemiyagi sensei's Dojo</p> <p>①Kotekitae</p> <p>②Kakie</p> <p>③Kata</p>	<p>①Kata Application</p> <p>②Ippon Kumite</p>

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Second Half	8/11 (FRI) ~ 8/13 (SUN)	Goju-Ryu
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## Okinawa Karate Training④

Court D			
Instructor	 <p>Meitetsu Yagi</p> <p>Style: Goju-Ryu Dojo: Meibukan Sohonbu Class: Hanshi 10 Dan</p>		
Contents	8/11 (FRI)	8/12 (SAT)	8/13 (SUN)
	<ul style="list-style-type: none"><li>① Histry</li><li>② Basic Kitae</li><li>③ Sanchin</li><li>④ Yakusoku Kumite</li><li>⑤ Kakie Kitae</li></ul>	<ul style="list-style-type: none"><li>① Histry</li><li>② Basic Kitae</li><li>③ Sanchin</li><li>④ Yakusoku Kumite</li><li>⑤ Kakie Kitae</li></ul>	<ul style="list-style-type: none"><li>① Histry</li><li>② Basic Kitae</li><li>③ Sanchin</li><li>④ Yakusoku Kumite</li><li>⑤ Kakie Kitae</li></ul>

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<b>First Half</b>	<b>8/8(TUE)~8/10(THU)</b>	<b>Kobudo</b>
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## Okinawa Karate Training⑤

Court D			
Instructor	 <p>Masahiro Nakamoto</p> <p>Style : Shurite-Ryu Dojo : Bunbukan Class : Hanshi 10 Dan</p>		
Contents	8/8(TUE)	8/9(WED)	8/10(THU)
	①The outline of Karate & Kobudo Practical Training	Training at Nakamoto sensei's Dojo ①The outline of Karate & Kobudo Practical Training	①The outline of Karate & Kobudo Practical Training

# Contents

Second Half	8/11 (FRI) ~ 8/13 (SUN)	Kobudo
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## Okinawa Karate Training⑤

Court D			
Instructor	 <p>Masahiro Nakamoto</p> <p>Style: Shurite-Ryu Dojo: Bunbukan Class: Hanshi 10 Dan</p>		
Contents	8/11 (FRI)	8/12 (SAT)	8/13 (SUN)
	①The outline of Karate & Kobudo Practical Training	①The outline of Karate & Kobudo Practical Training	①The outline of Karate & Kobudo Practical Training